

NHA Certified Pharmacy Technician (CPhT) Test Plan for the ExCPT Exam

100 Scored Items/20 Pretest Items Exam Time: 2 hours + 10 minutes

*Based on The Results of a Job Analysis Completed in 2023

This document provides both a summary and detailed outline of the topics that may be covered on the ExCPT Certification Exam. The summary examination outline specifies domains that are covered on the examination and the number of test items per domain.

The detailed outline adds to the summary outline by including task and knowledge statements associated with each domain on the test plan. Task statements reflect the duties that a candidate will need to know how to properly perform. Knowledge statements reflect information that a candidate will need to know and are in support of task statements. Items on the examination might require recall and critical thinking pertaining to a knowledge statement, a task statement, or both.

ExCPT Summary Examination Outline

DOMA	AINS/SUBDOMAINS	# of Items on Examination
1.	Role, Responsibilities, and General Duties of the Pharmacy Technician	<u>15</u>
2.	Laws	<u>15</u>
	A. Laws and Regulations	9
	B. Controlled Substances	6
3.	Drugs and Drug Therapy	<u>13</u>
	A. Drug Classification	8
	B. Frequently Prescribed Medications	5
4.	Dispensing Process	<u>43</u>
	A. Prescription and Medication Order Intake and Entry	13
	B. Preparing and Dispensing Prescriptions	13
	C. Calculations	7
	D. Sterile and Non-Sterile Products, Compounding, Unit Dose, and Repackaging	10
5.	Medication and Patient Safety and Quality Assurance	<u>14</u>
Tot	al	100

Domain 1: Role, Responsibilities, and General Duties of the Pharmacy Technician (15 items)

		Knowledg	ge of:
1A. Di	ifferentiate between tasks that may be performed	K.1.	Role and responsibilities of the pharmacy
b	by a pharmacy technician and those that must be		technician
p	performed by a pharmacist	K.2.	Role of the pharmacist (for example, provide
1B. N	Maintain pharmacy security (for example, secure		oversight, verify prescriptions, provide
n	medications, protect patient information, prevent		counseling)
ι	unauthorized pharmacy access, maintain	K.3.	Pharmacy operations and process workflow
e	emergency protocol and phone number lists).	K.4.	Pharmacy practice settings (for example,
1C. A	Assist pharmacist in medication reconciliation.		retail, in-patient, long-term care,
1D. A	Assist pharmacist in medication therapy		compounding, online/mail order)
n	management (MTM) (for example, follow-up with	K.5.	Pharmacy security measures (for example,
p	patients, discuss compliance, therapy changes).		physical barriers, security and alarm systems,
1E. A	Assist patient with identification and selection of		authorized access)
	compliance aids and devices (for example, lock	K.6.	Purpose and benefits of medication
	poxes, timers, glucose and blood pressure		reconciliation and pharmacy technician's role
	monitors).		therein
	Interpret basic medical terminology commonly	K.7.	Purpose and benefits of medication therapy
	used in the pharmacy setting.		management (MTM) and pharmacy
	Adapt professional communications to different		technician's role therein
	audiences, including staff, third-party providers,	K.8.	Benefits of compliance aids and devices
	and healthcare professionals.	K.9.	Medical terminology (for example, pharmacy
	nteract with patients and caregivers in a		abbreviations, prefixes, suffixes, root words)
-	professional manner while displaying clinical	K.10.	Communication methods and strategies (for
	empathy and cultural sensitivity.		example, interviewing techniques, non-verbal
	Ensure final prescription verification has been	V 44	cues, communication styles)
	completed by pharmacist prior to releasing to		Classes of recalls and required actions
•	patient.	K.12.	Basic components of drug pricing for ordering
	Assist in managing inventory by ordering, receiving, verifying, stocking, and rotating medications.	K.13.	and inventory facilitation Ordering and inventory management
	Store medications following manufacturers'	N.15.	methods (for example, periodic automatic
	nstructions (for example, light, temperature,		replenishment (PAR) levels, just in time
	numidity).		ordering, rotating inventory, fast and slow
	Identify and remove expired products from		movers)
	nventory.	K.14.	•
	dentify and remove recalled products from		Disposal methods for hazardous and non-
	nventory.	11.13.	hazardous materials and medications
	Dispose of medications based on product-specific	K.16.	Material Safety Data Sheets (MSDS)/Safety
	requirements.		Data Sheets (SDS)
	Access and use references and resources as needed	K.17.	United States Pharmacopeia (USP) Standards
	to perform job duties.		Approved Drug Products with Therapeutic
_			Equivalence Evaluations ("Orange Book")
		K.19.	American Academy of Pediatric Report of the
			Committee on Infectious Diseases ("Red
			Book")

K.20. Clinical information sources (for ex	ample,
Drug Facts and Comparisons, Up to	Date,
Clinical Pharmacology)	
K.21. Ident-a-drug	
K.22. Handbook on Injectables	
K.23. State Board of Pharmacy regulation	ns
K.24. Poison Control Centers	

Domain 2: Laws (15 items)

A. Law	s and Regulations (9 items)		
Tasks		Knowledg	ge of:
2A.1.	Comply with federal laws and regulations	K.25.	Health Insurance Portability and
	applicable to pharmacy practice.		Accountability Act (HIPAA)
2A.2.	Maintain HIPAA compliance while	K.26.	Combat Methamphetamine Epidemic Act of
	communicating and disclosing information with		2005 (CMEA)
	patients, caregivers, healthcare professionals,	K.27.	Drug Listing Act of 1972 (including elements
	and others.		of the NDC)
2A.3.	Adhere to and follow best practices regarding	K.28.	Food and Drug Act of 1906
	confidentiality with PII in a variety of settings	K.29.	Omnibus Budget Reconciliation Act of 1990
	(for example, patient credit card information,		(OBRA 1990)
	social security number).	K.30.	Durham Humphrey amendment
2A.4.	Comply with HIPAA requirements regarding		Food Drug and Cosmetic Act
	collection, storage, and disposal of patient	K.32.	Kefauver-Harris amendment
	information, including protected health	K.33.	Drug Supply Chain Security Act (DSCSA) a.k.a.
	information (PHI).		Track and Trace
2A.5.	Comply with applicable laws and regulations		Laws related to bioequivalence
	when filling, partial-filling, or refilling		Poison Prevention Packaging Act (PPPA)
	prescriptions for non- controlled substances.		Medicare Modernization Act
2A.6.	Package prescription medications in	K.37.	Centers for Medicare and Medicaid Services
	appropriate and approved containers (for		(CMS)
	example, child-resistant, easy-open/easy-cap).		Anabolic Steroid Act
2A.7.	Comply with regulations for dispensing,	K.39.	Safe handling and disposal practices for
	storage, and disposal of hazardous substances		hazardous drugs (USP <800>)
	(for example, biologic materials, sharps,	K.40.	
	chemotherapy drugs).		regarding initial fill, refills, and/or partial fills
2A.8.	Comply with laws related to monitoring and		of prescriptions
	reporting fraud, waste, and abuse.	K.41.	Organizations/regulators related to pharmacy
2A.9.	Follow record-keeping and retention		practice (for example, OSHA, The Joint
	procedures per federal requirements.		Commission, FDA, EPA, DOH)

B. Controlled Substances (6 items)			
Tasks		Knowled	ge of:
	Differentiate among the controlled substances schedules and the drugs within them.		Controlled Substances Act (CSA) Drug Enforcement Administration (DEA) for
2B.2. 2B.3.	of DEA number.	K.44.	controlled substances Schedules of controlled substances and drugs within them
25.5.	is present on prescription for controlled substance.	K.45.	Exempt narcotics that do not need a prescription (Schedule V)
2B.4.	Comply with laws and regulations when filling, partial filling, and refilling prescriptions for	K.46.	Prescription requirements for controlled substances
	controlled substances.	K.47.	Elements of and formula for DEA number
2B.5.	File all classes of hardcopy prescriptions	K.48.	DEA forms (for example, 41, 106, 222)
2B.6.	appropriately. Comply with federal laws pertaining to the	K.49.	substances
	handling of Schedule V (exempt narcotics) and	K.50.	0 , 0.
	regulated non-prescription (BTC) products.	K.51.	•
2B.7.	Order, store, and maintain inventory of controlled substances in accordance with the Controlled Substances ACT (CSA).	K.52.	inventory of controlled substances between pharmacies
		K.53.	Laws, regulations, and processes to transfer patient prescriptions for controlled substances between pharmacies, where applicable
		K.54.	Procedures for ordering, receiving, storing, and disposing of controlled substances
		K.55.	Tracking requirements for perpetual inventory of controlled substances
		K.56.	Diversion and prescription monitoring programs (for example, Prescription Drug Monitoring Program (PDMP), Controlled Substance Monitoring Program (CSMP), Opioid Rapid Response Program (ORRP))

Domain 3: Drug and Drug Therapy (13 items)

А. D	A. Drug Classification (8 items)				
asks		Knowledge of:			
3A.1.	Differentiate among therapeutic classes of	K.57.	Drug classes (for example, analgesics,		
24.2	drugs.	V EO	dermatologics, alpha blockers)		
	Differentiate among various dosage forms. Differentiate among various routes of	K.58.	Drug class abbreviations (for example, NSAID, SSRI, ARB, ACE)		
JA.J.	administration.	K 59	Dosage forms (for example, tablets, topicals,		
3A.4.	Match common prescription medications with	1,1331	liquids, injectables, inhalers)		
	their indications.	K.60.			
3A.5.	Match common over-the-counter (OTC)		topical, parenteral, enteral, intramuscular)		
	medications with their indications.	K.61.	Indications for frequently prescribed		
3A.6.	Match common behind-the-counter (OTC)		medications		
	medications with their indications.	K.62.	<i>, ,</i>		
		K.63.			
			and chronic disease states (for example,		
			infection, hypertension, diabetes, hyperlipidemia)		
		K 64	Prescription medications and their indications		
			Over-the-counter (OTC) medications and		
		1,,,,,,	their indications		
		K.66.	Behind-the-counter (BTC) medications and		
			their indications		
B. Fr	requently Prescribed Medications (5 items)				
asks		Knowled	ge of:		
	Match brand and generic names of commonly		ge of: Drug Topics Top 200 medications (by		
3B.1.	used prescription, OTC, and BTC medications.	K.67.	Drug Topics Top 200 medications (by prescription volume per year)		
	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse	K.67.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names		
3B.1. 3B.2.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions.	K.67. K.68. K.69.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence		
3B.1. 3B.2.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions. Differentiate between contraindications and	K.67. K.68. K.69. K.70.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence Effects and side-effects of pharmacotherapy		
3B.1. 3B.2. 3B.3.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions. Differentiate between contraindications and drug interactions.	K.67. K.68. K.69. K.70.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence Effects and side-effects of pharmacotherapy Basic drug interactions (for example, drug-		
3B.1. 3B.2. 3B.3.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions. Differentiate between contraindications and drug interactions. Recognize physical interactions and	K.67. K.68. K.69. K.70. K.71.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence Effects and side-effects of pharmacotherapy Basic drug interactions (for example, drugdrug, drug-food, drug-OTC, drug-supplement)		
3B.1. 3B.2. 3B.3.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions. Differentiate between contraindications and drug interactions. Recognize physical interactions and incompatibilities in the preparation of	K.67. K.68. K.69. K.70. K.71.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence Effects and side-effects of pharmacotherapy Basic drug interactions (for example, drugdrug, drug-food, drug-OTC, drug-supplement) Physical interactions and incompatibilities		
3B.1. 3B.2. 3B.3.	used prescription, OTC, and BTC medications. Differentiate between side effects and adverse drug reactions. Differentiate between contraindications and drug interactions. Recognize physical interactions and	K.67. K.68. K.69. K.70. K.71.	Drug Topics Top 200 medications (by prescription volume per year) Brand and generic medication names Therapeutic equivalence Effects and side-effects of pharmacotherapy Basic drug interactions (for example, drugdrug, drug-food, drug-OTC, drug-supplement)		

Domain 4: Dispensing Process (43 items)

A. Pı	rescription and Medication Order Intake and	Entry (13	items)
Tasks		Knowled	ge of:
4A.1.	Analyze a prescription for completeness and		Required components of a prescription
	obtain missing information.	K.75.	Types of prescriptions (for example, written,
4A.2.	Obtain, input, and maintain information for the		telephone/verbal, facsimile, electronic)
	patient profile.	K.76.	Providers and their prescriptive authority
4A.3.	Input and process incoming prescriptions from		(for example, dentist can prescribe
	different origins (for example, written,		medication related to dental treatment,
	telephone/verbal, facsimile, and electronic).		dermatologist can prescribe medication
4A.4.	Send and process refill authorization requests to		limited to patient's skin conditions)
	prescribers.	K.77.	Refills allowed based on prescription, drug
4A.5.	Identify and input third-party payer identifier		type, and drug class (for example, controlled
	numbers.		versus non-controlled)
4A.6.	Process third-party prescriptions (for example,	K.78.	Elements of a patient profile (for example,
	coordination of benefits, rejections, prior		demographics, medication history including
44.7	authorizations).		OTCs, health conditions, allergies, and third-
4A.7.	Translate prescriber's directions for use into	V 70	party payers)
44.0	accurate and complete directions for the patient.	K.79.	` ,
4A.8.	Interpret pharmacy abbreviations and SIG codes	K.80.	Purpose and use of SIG codes / pharmacy abbreviations
44.0	used on prescriptions or medication orders. Use correct Dispense as Written (DAW) codes	K.81.	Institute for Safe Medication Practices
4A.3.	when entering prescription data into the	K.01.	(ISMP) error-prone abbreviations list
	computer.	K.82.	DAW codes and their uses
4Δ 10	Communicate with patients, providers, and/or	K.83.	
471.10.	third-party payers about prescription coverage	11.05.	denials, recalls, canceled/expired
	(for example, copays, deductibles)		prescription)
4A.11.	Respond to electronic alerts (for example,	K.84.	Drug utilization reviews/drug utilization
.,	compliance, interactions, third-party payers)		evaluations
	while processing a prescription.	K.85.	Components required to process a third-
4A.12.	Process Durable Medical Equipment (DME)		party claim (for example, BIN, PCN, member
	prescriptions, including coordination of benefits.		ID)
	-	K.86.	Coordination of benefits
		K.87.	Types of formularies
		K.88.	Types of third-party rejections (for example,
			therapy duplication, high dose, prior
			authorization, missing diagnosis code)
		K.89.	Tiered co-pay structures
		K.90.	,,
			Parts B and D, Medicaid, Workers'
			Compensation, HMO, patient assistance
			programs)
		K.91.	Durable medical equipment (DME), including
			Medicare benefits and coverage rules

B. Preparing and Dispensing Prescriptions (13 items)			
Tasks		Knowledg	e of:
4B.1.	Identify validity of prescriptions (for example,	K.92.	Role and benefits of automated dispensing
	forged, copied, or altered).		systems in the pharmacy
4B.2.	Select appropriate medication product based on	K.93.	When to keep medication in original
	prescription; name and strength; NDC number;		packaging
	expiration date; and lot number.		Components of a patient prescription label
4B.3.	Identify medications that require special handling	K.95.	Purpose of Risk Evaluation Mitigation
	procedures.		Strategies (REMS) program
4B.4.	Stock, maintain, and operate pill counter and		Prescriptions that require Medication Guides
	automated dispensing machines.	K.97.	Purpose or use of Medication Guides,
4B.5.	Select appropriate prescription vials, caps,		product package inserts (PPI), and
	bottles, and other supplies.		instructions for use (IFU)
4B.6.	Count/measure, reconstitute, or pour medication		Components of an NDC number
	as indicated.	K.99.	Considerations for handling hazardous drugs
4B.7.	Label prescriptions and medications in approved		(USP <800>)
	containers or stock packaging.	K.100.	Distinction between prescription, OTC, and
	Select and apply appropriate auxiliary labels.		BTC medications
4B.9.	Provide printed patient information leaflets and		Prescription label placement
	required Medication Guides.	K.102.	Purpose and placement of auxiliary labels
4B.10.	Package and ship medications according to		(for example, usage warnings, storage
	manufacturers' recommendations.		requirements)
4B.11.	Select appropriate OTC product, including	K.103.	Labels appropriate to different types and
	supplements, based on pharmacist		classes of drugs
	recommendation.		Components of OTC packaging
4B.12.	Offer pharmacist consultation to patients.	K.105.	Federal regulations on shipping of specific
			medications and supplies (for example,
			diabetic testing supplies, controlled
			substances)
		K.106.	Vitamins, minerals, and herbal supplements
		K.107.	Security features of prescriptions (for
			example, identification requirements,
			watermarks)

C. Calculations (7 items)			
Tasks		Knowledge of:	
4C.1.	Convert within and between systems of	K.108. Measurement systems (for example, metric,	
	measurement.	household, military time)	
4C.2.	Calculate individual and total daily dosages.	K.109. Basic algebra	
4C.3.	Calculate the days' supply for prescriptions.	K.110. Milliequivalent (mEq) calculations	
4C.4.	Calculate the medication quantities for	K.111. Dosage units and days' supply	
	prescriptions based on dosage.	K.112. Body surface area (BSA)	
4C.5.	Perform sterile and non-sterile compounding	K.113. Pediatric dosage calculations (for example,	
	calculations.	Young's rule, Clark's rule, Fried's rule)	
4C.6.	Perform temperature conversions.	K.114. Weight-based dosage concentration (for	
	Calculate percentages.	example, mg/kg/day)	
4C.8.	Perform basic pharmacy business calculations	K.115. Package size calculations (for example,	
	(for example, pricing and inventory control).	drops/ml, injectable medications	
		mg/package)	
		K.116. Ratio strength (for example, 1:3, 1 part medication to 3 parts base)	
		K.117. Percent concentration calculations (for	
		example, w/w%, w/v%, v/v%)	
		K.118. Dilution/concentration	
		K.119. Intravenous flow rate (for example, mL/hr)	
		K.120. Alligation	
		K.121. Temperature scales	
		K.122. Types of business calculations (for example,	
		percentage markup, gross and net profit,	
		cost)	

D. Sterile and Non-Sterile Products, Compounding, Unit Dose, and Repackaging (10 items)				
Tasks		Knowledge	e of:	
4D.1.	Use Universal Precautions.	K.123.	Characteristics of sterile and non-sterile	
4D.2.	Employ infection control [for example		compounds	
	handwashing, personal protective equipment (PPE)].	K.124.	CDC/OSHA Universal Precautions Guidelines	
4D.3.	Follow correct procedures for maintaining the	K.125.	Infection control (USP <795> and <797>)	
	environment for the sterile product compounding area.	K.126.	Maintaining sterile environment (USP <797> and <800>)	
4D.4.	Maintain sterile and non-sterile compounding and repackaging equipment (for example	K.127.	Needle gauges and types (for example, regular, filter, vented)	
	cleaning, calibration).	K 128	Types of syringes (for example, slip-tip,	
4D.5.	Select appropriate equipment and supplies.	111201	luer-lok, luer-slip, catheter tip)	
4D.6.	Select appropriate diluent or base product based	K.129.	Diluents and base products	
	on manufacturer's recommendation.		Guidelines and methods for compounding	
4D.7.	Perform compounding process for sterile		sterile products (USP <797>) (for example,	
	products following aseptic technique.		aseptic technique)	
4D.8.	Perform compounding process for non-sterile	K.131.	Guidelines and methods for compounding	
	products.		non-sterile products (USP <795>)	
4D.9.	Determine beyond-use dates based on	K.132.	Resources related to compounding (for	
	published data or regulatory agency		example, product package insert, electronic	
	requirements for both compounded and		resources, Trissel's Stability of Compounded	
	repackaged products		Formulations)	
	Label compounded products.	K.133.	Forms of incompatibility (for example,	
	Repackage and label unit dose products.		physical, chemical, osmolarity)	
	Inspect final product for errors (for example physical incompatibilities, accuracy, sterility).	K.134.	Labeling guidelines (USP <795>, <797> and <800>)	
4D.13.	Complete required documentation for sterile,		Components of a unit dose label	
	non-sterile, and repackaged products.	K.136.	Equipment maintenance (USP <795> and <797>)	
		K.137.	Manufacturers guidelines for maintaining repackaging equipment	
		K 138	Primary engineering controls (for example,	
		N.130.	laminar versus vertical flow hood,	
			compounding aseptic isolators versus	
			compounding aseptic containment	
			isolators) (USP <797>)	
		K.139.	Sources and guidelines to determine	
			beyond-use date	
		K.140.	•	
			and <797>)	

Domain 5: Medication and Patient Safety and Quality Assurance (14 items)

Tasks	Knowledge of:	
5A. Follow best practices for quality assurance and	K.141. Best practices for quality assurance during	
medication safety.	entire filling process	
5B. Follow requirements published by the National	K.142. Institute for Safe Medication Practices	
Institute for Occupational Safety and Health	(ISMP) Guidelines, including considerations	s
(NIOSH) (for example, quarantine and handling,	for error-prone drugs	
proximity to other medications).	K.143. National Institute for Occupational Safety	
5C. Assist pharmacist in identifying patient medication	and Health (NIOSH) guidelines and	
adherence issues.	regulations	
5D. Utilize safety strategies to prevent mix ups between	K.144. Safe dosage ranges	
look-alike, sound-alike medications, errors with	K.145. Pregnancy and lactation warnings	
high alert/high risk medications, and medications	K.146. Medication adherence	
with different routes of administration.	K.147. Health literacy (patients' knowledge of thei	ir
5E. Match patient information to prescription or	medications and usage)	
medication order (for example, checking against	K.148. Look-alike/sound-alike drugs	
name, date of birth, medical record number).	K.149. Black box warnings	
5F. Follow procedures to assure the correct	K.150. Tall Man lettering	
prescription(s) is/are dispensed and released to	K.151. High-alert/high-risk medications	
correct patient.	K.152. Error-prone medications	
5G. Take corrective action after detecting potential	K.153. Error-prone abbreviations	
medication errors or near misses.	K.154. Adverse drug events, including adverse	
5H. Document and report medication errors or near	drug reactions (ADEs and ADRs)	
misses, as appropriate.	K.155. MedWatch	
Maintain a clean work environment in the drug dispensing and patient care areas.	K.156. FDA Adverse Event Reporting System (FAERS)	
 Perform quality assurance checks of inventory (for example, returns, unsecured medications, expired 	K.157. Vaccine Adverse Event Reporting System (VAERS)	
or outdated medications, emergency medications).	K.158. Record keeping requirements related to	
, , , , , , , , , , , , , , , , , , ,	medication errors and near misses	
	K.159. Risk Evaluation Mitigation Strategies	
	(REMS)	
	K.160. Types of errors (for example, medication,	
	human, near misses, software)	
	K.161. Error investigation and risk management (for example, root cause analysis (RCA),	
	workflow analysis)	
	K.162. Procedures to avoid cross-contamination	
	K.163. Sanitization processes	
	K.164. Continuous quality improvement	